Find your new heroes in this fun & educational activity booklet!

Protecting your health through innovation
**Did you know?**
The very first avocado tree shoots were found during excavations in the tropical forests of Mexico. They dated back to 8 000 BC!

**DO YOU KNOW DIEGO THE AVOCADO’S SUPER POWER?**
He moisturizes and protects normal skin thanks to his wonder elixir, Avocado Perseose.

Now, take your coloured pencils and give me some colour! Then turn me into a paper-toy and see what I look like...
1- With the help of an adult, cut-out each piece, following the cutting lines
2- Fold, following the folding lines
3- Finish by gluing the striped areas together
Help Sandra find her way to her 3 friends!

Will you be able to find the right way for Sandra, to help her continue her adventure with her 3 friends?...

Did you know?

Today, our planet counts 1.9 million known plant and animal species. And potentially, another 10 to 100 million remain to be discovered!
Did you know?

There are at least 20,000 different bee species in the world and only 7 of them actually make honey! A worker bee can live up to 40 days. The queen bee, however, lives 5 years on average.

DO YOU KNOW LILLY THE BEE’S SUPER POWER?
She has the power to long lastingly nourish dry skin, thanks to her wonderful, highly purified white beeswax.

Now, take your coloured pencils and give me some colour! Then turn me into a paper-toy and see what I look like...
1- With the help of an adult, cut-out each piece, following the cutting lines
2- Fold, following the folding lines
3- Finish by gluing the striped areas together
Help Lilly find her way back to her beehive!

Did you know?
Bees live in a well-organized group: it counts a queen, 10 000 to 80 000 workers and a few hundred drones (the male bees).
Now, take your coloured pencils and give me some colour! Then turn me into a paper-toy and see what I look like...

Did you know?
Originally from China, the Schisandra is a long twining shrub that can grow as high as 10 meters high. Also called “the 5-flavour fruit”, its berry combines all tastes from salty to sweet, sour, spicy and bitter.

DO YOU KNOW SANDRA THE SCHISANDRA’S SUPER POWER?
She immediately and long lastingly soothes very sensitive skin.
1- With the help of an adult, cut-out each piece, following the cutting lines
2- Fold, following the folding lines
3- Finish by gluing the striped areas together
7 differences game
Will you be able to spot the 7 differences between these two drawings?

Did you know?
Pollinating insects are crucial for plant reproduction. Without them, there can be no pollination, no fruit, no seeds ... Oliver, Diego and Sandra thank their friend Lilly for her precious help!
Did you know?
The word “sunflower” comes from the Italian word “girasole” which means “turns towards the sun”.

DO YOU KNOW OLIVER THE SUNFLOWER’S POWER?
He has the power to soothe and to replenish atopic-prone skin, thanks to his precious oil.

Now, take your coloured pencils and give me some colour! Then turn me into a paper-toy and see what I look like...
1- With the help of an adult, cut-out each piece, following the cutting lines
2- Fold, following the folding lines
3- Finish by gluing the striped areas together
What other insect than the bee helps to pollinate plants?

Join the dots with your pencil and discover the answer to the question!
Quiz!

After such an adventure with our 4 friends, will you still be able to answer these questions?

No worries, the answers are all in this booklet…

1. In which country were the first avocado tree shoots found?
   a) France
   b) Mexico
   c) China

2. How many animal and plant species remain to be discovered?
   a) between 1 to 3 million
   b) between 5 to 10 million
   c) between 10 to 100 million

3. Up to how long does the queen bee live?
   a) 40 days
   b) 4 months
   c) 5 years

4. Spot the odd word out:
   Also called “the 5-flavour fruit”, the Schisandra berry combines all tastes: salty, sweet, sour, mild and bitter.

5. Find each of our heroes’ power:
   Diego the Avocado • 1  a • Immediately soothes very sensitive skin
   Lilly the Bee • 2  b • Moisturizes and protects normal skin
   Sandra the Schisandra • 3  c • Soothes and nourishes atopic-prone skin
   Oliver the Sunflower • 4  d • Nourishes long lastingly dry skin